Accepted Manuscript

Title: Rethinking Avoidance: Toward a Balanced Approach to Avoidance in Treating Anxiety Disorders

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PII: S0887-6185(17)30557-1

DOI: https://doi.org/10.1016/j.janxdis.2018.03.004

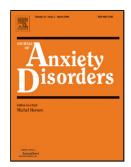
Reference: ANXDIS 2009

To appear in: Journal of Anxiety Disorders

Received date: 8-11-2017 Revised date: 7-3-2018 Accepted date: 7-3-2018

Please cite this article as: Hofmann, Stefan G., & Hay, Aleena C., Rethinking Avoidance: Toward a Balanced Approach to Avoidance in Treating Anxiety Disorders. *Journal of Anxiety Disorders* https://doi.org/10.1016/j.janxdis.2018.03.004

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Rethinking Avoidance: Toward a Balanced Approach to Avoidance in

Treating Anxiety Disorders

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