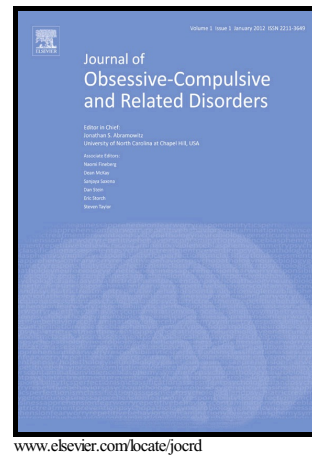


Author's Accepted Manuscript

The Polluted Mind: Understanding Mental Contamination as a Transdiagnostic Phenomenon

Shannon M. Blakey, Ryan J. Jacoby



PII: S2211-3649(16)30144-0
DOI: <http://dx.doi.org/10.1016/j.jocrd.2017.08.008>
Reference: JOCRD342

To appear in: *Journal of Obsessive-Compulsive and Related Disorders*

Received date: 12 September 2016
Revised date: 24 July 2017
Accepted date: 23 August 2017

Cite this article as: Shannon M. Blakey and Ryan J. Jacoby, The Polluted Mind: Understanding Mental Contamination as a Transdiagnostic Phenomenon, *Journal of Obsessive-Compulsive and Related Disorders*, <http://dx.doi.org/10.1016/j.jocrd.2017.08.008>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

The Polluted Mind: Understanding Mental Contamination as a Transdiagnostic Phenomenon

Shannon M. Blakey^{a*}, Ryan J. Jacoby^{ab}

^aUniversity of North Carolina at Chapel Hill

^bMassachusetts General Hospital/Harvard Medical School

*Corresponding author can be contacted at: Department of Psychology and Neuroscience, Davie Hall (CB 3270), 235 E. Cameron Ave, Chapel Hill, NC 27599-3270. Phone: 919-843-3951; Fax: 919-962-2537. sblakey@unc.edu.

Abstract

The transdiagnostic approach to conceptualizing anxiety disorders posits that (a) these conditions have more similarities than differences and (b) treatments for clinical anxiety are improved by greater understanding of mechanisms shared among the anxiety disorders. Accordingly, researchers have sought to examine psychological phenomena relevant to multiple anxiety-related conditions. One such phenomenon is mental contamination: the syndrome whereby an individual feels “dirty” or “impure” in the absence of direct contact with a contaminated stimulus. Despite theoretical and empirical support for the notion that mental contamination is related to multiple anxiety problems, mental contamination is most often studied in the context of obsessive-compulsive disorder only. The aim of the special issue is to highlight innovative research examining mental contamination as a transdiagnostic construct. Studies examining mental contamination in multiple contexts are presented in this special issue, which concludes with a summary and discussion of future research directions.

Keywords: Mental contamination, anxiety, transdiagnostic

Download English Version:

<https://daneshyari.com/en/article/7268989>

Download Persian Version:

<https://daneshyari.com/article/7268989>

[Daneshyari.com](https://daneshyari.com)