## Accepted Manuscript

Associations between physical activity, positive affect, and self-regulation during preschoolers' everyday lives

Katja Ludwig, Wolfgang A. Rauch

PII: S1755-2966(17)30208-9

DOI: 10.1016/j.mhpa.2018.07.002

Reference: MHPA 267

To appear in: Mental Health and Physical Activity

Received Date: 15 December 2017

Revised Date: 5 July 2018

Accepted Date: 13 July 2018

Please cite this article as: Ludwig, K., Rauch, W.A., Associations between physical activity, positive affect, and self-regulation during preschoolers' everyday lives, *Mental Health and Physical Activity* (2018), doi: 10.1016/j.mhpa.2018.07.002.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



#### ACCEPTED MANUSCRIPT

### Running head: PHYSICAL ACTIVITY, POSITIVE AFFECT, AND SELF-REGULATION 1

Associations Between Physical Activity, Positive Affect, and Self-Regulation During

Preschoolers' Everyday Lives

Katja Ludwig<sup>1</sup> and Wolfgang A. Rauch<sup>1, 2</sup>

University of Heidelberg<sup>1</sup>

PH Ludwigsburg<sup>2</sup>

#### Author Note

Katja Ludwig, Junior Research Group: Development of Self-Regulation, Department of Psychology, University of Heidelberg; Wolfgang A. Rauch, Junior Research Group:

Development of Self-Regulation, Department of Psychology, University of Heidelberg, and

University of Education Ludwigsburg, Institute for Special Needs Education.

This research was part of the BeR-Alltag project at the Junior Research Group:

Development of Self-Regulation, and was partially funded by Field of Focus 4, University of

Heidelberg. We thank our student research assistants for their highly committed work as well as

the parents and children for their interest and participation in our research.

Correspondence concerning this article should be addressed to Katja Ludwig, Department of Psychology, University of Heidelberg, Hauptstraße 47-51, 69117 Heidelberg. E-mail:

katja.ludwig@posteo.de

Download English Version:

# https://daneshyari.com/en/article/7270024

Download Persian Version:

https://daneshyari.com/article/7270024

Daneshyari.com