

# Accepted Manuscript

Physical activity and mental health; it is more than just a prescription

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PII: S1755-2966(17)30153-9

DOI: [10.1016/j.mhpa.2017.10.004](https://doi.org/10.1016/j.mhpa.2017.10.004)

Reference: MHPA 233

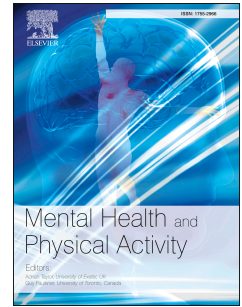
To appear in: *Mental Health and Physical Activity*

Received Date: 25 October 2017

Accepted Date: 25 October 2017

Please cite this article as: Rebar, A.L., Taylor, A., Physical activity and mental health; it is more than just a prescription, *Mental Health and Physical Activity* (2017), doi: 10.1016/j.mhpa.2017.10.004.

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Running Head: MENTAL HEALTH & BEHAVIOR CHANGE

Physical Activity and Mental Health; It is More than Just a Prescription

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