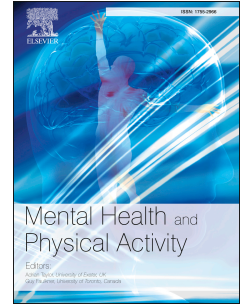


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Acute effects of outdoor physical activity on affect and psychological well-being in depressed patients – a preliminary study

Anika Fruehauf, MSc, Martin Niedermeier, Lewis R. Elliott, Larissa Ledochowski, Josef Marksteiner, Martin Kopp



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**Acute effects of outdoor physical activity on affect and psychological well-being in depressed patients – a preliminary study**

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