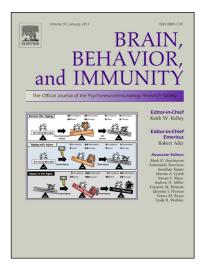
Accepted Manuscript

Insight Meditation and Telomere Biology: The Effects of Intensive Retreat and the Moderating Role of Personality

Quinn A. Conklin, Brandon G. King, Anthony P. Zanesco, Jue Lin, Anahita B. Hamidi, Jennifer J. Pokorny, María Jesús Álvarez-López, Marta Cosín-Tomás, Colin Huang, Perla Kaliman, Elissa S. Epel, Clifford D. Saron

PII:	S0889-1591(18)30047-3
DOI:	https://doi.org/10.1016/j.bbi.2018.03.003
Reference:	YBRBI 3341
To appear in:	Brain, Behavior, and Immunity

Received Date:10 October 2017Revised Date:26 February 2018Accepted Date:3 March 2018



Please cite this article as: Conklin, Q.A., King, B.G., Zanesco, A.P., Lin, J., Hamidi, A.B., Pokorny, J.J., Jesús Álvarez-López, M., Cosín-Tomás, M., Huang, C., Kaliman, P., Epel, E.S., Saron, C.D., Insight Meditation and Telomere Biology: The Effects of Intensive Retreat and the Moderating Role of Personality, *Brain, Behavior, and Immunity* (2018), doi: https://doi.org/10.1016/j.bbi.2018.03.003

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

ACCEPTED MANUSCRIPT

INSIGHT MEDITATION AND TELOMERE BIOLOGY

Insight Meditation and Telomere Biology:

The Effects of Intensive Retreat and the Moderating Role of Personality

Quinn A. Conklin^{a,b*}, Brandon G. King^{a,b}, Anthony P. Zanesco^{a,b,1}, Jue Lin^c, Anahita B.

Hamidi^{a,d,2}, Jennifer J. Pokorny^a, María Jesús Álvarez-López^e, Marta Cosín-Tomás^e, Colin

Huang^{c,3}, Perla Kaliman^{a,e}, Elissa S. Epel^{f**}, and Clifford D. Saron^{a,g*}

a. Center for Mind and Brain, University of California, Davis, 267 Cousteau Place, Davis, CA 95618;

b. Department of Psychology, University of California, Davis, 135 Young Hall, Davis, CA 95616;

c. Department of Biochemistry & Biophysics, University of California, San Francisco, 600 16th St, San Francisco, CA 94158;

d. Center for Neuroscience, University of California, Davis, 1544 Newton Court, Davis, CA 95618;

- e. Unit of Pharmacology, Institute of Biomedicine, University of Barcelona, Barcelona, Spain 08028;
- f. Department of Psychiatry, University of California, San Francisco, 401 Parnassus Ave, San Francisco, CA

94131;

g. MIND Institute, University of California, Davis Medical Center, 2825 50th St, Sacramento, CA 95817

* Corresponding author: Quinn A. Conklin, Center for Mind and Brain, 267 Cousteau Place,

University of California, Davis, CA 95616. Email: <u>qconklin@ucdavis.edu</u>

** Co-senior Authors

¹ Currently at the Department of Psychology, University of Miami, 5665 Ponce de Leon Blvd, Coral Gables, FL 33146

² Currently at the Center for Memory & Brain, Center for Systems Neuroscience, Boston University, 610 Commonwealth Ave. Boston, MA 02215

³ Currently at the Department of Biology, Johns Hopkins University, 3400 N Charles St, Baltimore, MD 21218

Download English Version:

https://daneshyari.com/en/article/7279255

Download Persian Version:

https://daneshyari.com/article/7279255

Daneshyari.com