## Accepted Manuscript

Title: Understanding heterogeneity in grey matter research of adults with childhood maltreatment—a meta-analysis and review

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PII: S0149-7634(15)30288-8

DOI: http://dx.doi.org/doi:10.1016/j.neubiorev.2016.08.011

Reference: NBR 2557

To appear in:

Received date: 16-11-2015 Revised date: 18-2-2016 Accepted date: 6-8-2016

Please cite this article as: Paquola, Casey, Bennett, Maxwell R., Lagopoulos, Jim, Understanding heterogeneity in grey matter research of adults with childhood maltreatment—a meta-analysis and review. Neuroscience and Biobehavioral Reviews http://dx.doi.org/10.1016/j.neubiorev.2016.08.011

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TITLE: Understanding heterogeneity in grey matter research of adults with

childhood maltreatment- a meta-analysis and review

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**Highlights** 

• Meta-analysis of 36 articles on grey matter alterations following childhood trauma

• Adults with childhood trauma exhibit reduced hippocampal and amygdala grey

• Whole brain studies link prefrontal and hippocampal grey matter to childhood

trauma

• Cohort age, gender, diagnosis and trauma-type underpin heterogeneous findings

**ABSTRACT** 

Childhood trauma has been associated with long term effects on prefrontal-limbic grey

matter. A literature search was conducted to identify structural magnetic resonance imaging

studies of adults with a history of childhood trauma. We performed three meta-analyses.

Hedges' g effect sizes were calculated for each study providing hippocampal or amygdala

volumes of trauma and non-trauma groups. Seed based differential mapping was utilised to

synthesise whole brain voxel based morphometry (VBM) studies. A total of 38 articles (17

hippocampus, 13 amygdala, 19 whole brain VBM) were included in the meta-analyses.

Trauma cohorts exhibited smaller hippocampus and amygdala volumes bilaterally. The most

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