Accepted Manuscript

Mindful decision making and inhibitory control training as complementary means to decrease snack consumption

Evan M. Forman, Jena A. Shaw, Stephanie P. Goldstein, Meghan L. Butryn, Lindsay M. Martin, Nachshon Meiran, Ross Crosby, Stephanie M. Manasse

S0195-6663(16)30135-0

DOI: 10.1016/j.appet.2016.04.014

Reference: APPET 2951

To appear in: Appetite

PII:

Received Date: 5 November 2015

Revised Date: 8 April 2016
Accepted Date: 11 April 2016

Please cite this article as: Forman E.M., Shaw J.A., Goldstein S.P., Butryn M.L., Martin L.M., Meiran N., Crosby R. & Manasse S.M., Mindful decision making and inhibitory control training as complementary means to decrease snack consumption, *Appetite* (2016), doi: 10.1016/j.appet.2016.04.014.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



ACCEPTED MANUSCRIPT

D ' TT 1	TATELLEDICAL	TTD A TAILAIG	A A TID CIA A	OTT OF	ANTONIA MODITANIA
Running Head:	INHIBITION	TRAINING	AND SNA	CK CU	ONSUMPTION

Mindful decision making and inhibitory control training as complementary means to decrease snack consumption

Evan M. Forman^a, Jena A. Shaw^{a1}, Stephanie P. Goldstein^a, Meghan L. Butryn^a, Lindsay M. Martin^a, Nachshon Meiran^b, Ross Crosby^c, Stephanie M. Manasse^a

^aDrexel University, 3141 Chestnut St., Department of Psychology, Philadelphia, Pennsylvania, 19104, UNITED STATES

^bN. Meiran, Ben Gurion University of the Negev, Beer-Sheva, 8410501, ISRAEL

^cNeuropsychiatric Research Institute/University of North Dakota, 700 1st Ave S, Fargo, North Dakota, 58103, UNITED STATES

Corresponding author: Evan M. Forman, Drexel University, evan.forman@drexel.edu

Keywords: inhibitory control; neurocognition; hedonic eating; emotional eating; mindfulness; obesity

 $^{^1}$ Present address: Perelman School of Medicine at the University of Pennsylvania, 3535 Market St., $3^{\rm rd}$ floor, Philadelphia, Pennsylvania, 19104

Download English Version:

https://daneshyari.com/en/article/7307320

Download Persian Version:

https://daneshyari.com/article/7307320

<u>Daneshyari.com</u>