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Investigation of lifestyle choices of individuals following a vegan diet for health and ethical reasons Cynthia Radnitz^{a*}, Bonnie Beezhold^b, and Julie DiMatteo^a ^aSchool of Psychology, Fairleigh Dickinson University, 1000 River Rd., Teaneck, NJ 07666, USA ^bDepartment of Nutrition, Benedictine University, 5200 College Drive, Lisle, IL 60532, USA * Corresponding author Email address: radnitz@fdu.edu, Acknowledgements: The authors would like to acknowledge the assistance of Carol Burtnack, Maria DiNello, Michael Greenberg, Michelle Herrera, Cassandra Hoy, Tyler Loranger, Bret Moyer, Amy Rinne, and Melissa Sharp. Key Words: Ethical vegan, health vegan, vegetarian, health behaviors, lifestyle, vegan, nutrition

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