

Author's Accepted Manuscript

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Brigitte Bogert, Taru Numminen-Kontti, Benjamin Gold, Mikko Sams, Jussi Numminen, Iballa Burunat, Jouko Lampinen, Elvira Brattico



PII: S0028-3932(16)30243-3
DOI: <http://dx.doi.org/10.1016/j.neuropsychologia.2016.07.005>
Reference: NSY6058

To appear in: *Neuropsychologia*

Received date: 16 April 2015
Revised date: 16 June 2016
Accepted date: 5 July 2016

Cite this article as: Brigitte Bogert, Taru Numminen-Kontti, Benjamin Gold, Mikko Sams, Jussi Numminen, Iballa Burunat, Jouko Lampinen and Elvira Brattico, Hidden sources of joy, fear, and sadness: Explicit versus implicit neural processing of musical emotions, *Neuropsychologia*, <http://dx.doi.org/10.1016/j.neuropsychologia.2016.07.005>

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Hidden sources of joy, fear, and sadness: Explicit versus implicit neural processing of musical emotions

Bogert, Brigitte^{1,2*}, Numminen-Kontti, Taru¹, Gold, Benjamin^{1,2}, Sams, Mikko³, Numminen, Jussi⁴, Burunat, Iballa⁵, Lampinen, Jouko³, Brattico, Elvira^{1,6,7*}

¹Cognitive Brain Research Unit (CBRU), Institute of Behavioural Sciences, University of Helsinki, Finland

²Montreal Neurological Institute, McGill University, Montreal, Canada

³Brain and Mind Laboratory, Department of Biomedical Engineering and Computational Science (BECS), School of Science, Aalto University, Espoo, Finland

⁴Helsinki Medical Imaging Center, University of Helsinki, Töölö Hospital, Finland

⁵Finnish Center for Interdisciplinary Music Research, Department of Music, University of Jyväskylä, Finland

⁶Center for Music in the Brain (MIB), Department of Clinical Medicine, Aarhus University & The Royal Academy of Music Aarhus/Aalborg, Aarhus, Denmark

⁷AMI Centre, Aalto University, Espoo, Finland

* **Address for correspondence:** Prof. Elvira Brattico. Center for Music in the Brain (MIB). Department of Clinical Medicine. Nørrebrogade 44, Building 10G. 8000 Aarhus C, DENMARK. Telephone: +45-78463030; E-mail: elvira.brattico@clin.au.dk

Abstract

Music is often used to regulate emotions and mood. Typically, music conveys and induces emotions even when one does not attend to them. Studies on the neural substrates of musical emotions have, however, only examined brain activity when subjects have focused on the emotional content of the music. Here we address with functional magnetic resonance imaging (fMRI) the neural processing of happy, sad, and fearful music with a paradigm in which 56 subjects were instructed to either classify the emotions (explicit condition) or pay attention to the number of instruments playing (implicit condition) in 4-sec music clips. In the implicit vs.

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