

Accepted Manuscript

Goals and plans for Big Five personality trait change in young adults

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PII: S0092-6566(15)30010-6
DOI: <http://dx.doi.org/10.1016/j.jrp.2015.08.002>
Reference: YJRPE 3490

To appear in: *Journal of Research in Personality*

Received Date: 12 May 2015
Revised Date: 18 July 2015
Accepted Date: 12 August 2015



Please cite this article as: Robinson, O.C., Nofhle, E.E., Guo, J., Asadi, S., Zhang, X., Goals and plans for Big Five personality trait change in young adults, *Journal of Research in Personality* (2015), doi: <http://dx.doi.org/10.1016/j.jrp.2015.08.002>

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Running head: Goals and plans for trait change

Goals and plans for Big Five personality trait change in young adults

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Acknowledgements

This research was in part funded by British Academy International Mobility and Partnerships grant, number PM120393 to the first author (Robinson) and a grant from The Character Project at Wake Forest University and the John Templeton Foundation to the second author (Noftle). The opinions expressed are those of the authors and do not necessarily reflect the views of The Character Project, Wake Forest University, or the John Templeton Foundation.

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