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Commentary and Debate

Each Meal Matters in the Exposome: Biological and Community Considerations in Fast-Food-Socioeconomic Associations

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Highlights

- Biological responses to a fast-food-style meal depend on total environmental exposures.
- Allostatic load and non-communicable disease risk can vary at the neighborhood level.
- Advances in 'omics' applications illuminate the need to consider multiple exposure variables.
- Evidence-based policy for fast-food zoning and marketing requires a comprehensive approach.

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