

Accepted Manuscript

Enhanced erythrocyte antioxidant status following an 8-week aerobic exercise training program in heavy drinkers

Kalliopi Georgakouli, Eirini Manthou, Ioannis G. Fatouros, Panagiotis Georgoulas, Chariklia K. Deli, Yiannis Koutedakis, Yannis Theodorakis, Athanasios Z. Jamurtas



PII: S0741-8329(17)30903-5

DOI: [10.1016/j.alcohol.2017.11.035](https://doi.org/10.1016/j.alcohol.2017.11.035)

Reference: ALC 6764

To appear in: *Alcohol*

Received Date: 23 September 2017

Revised Date: 17 November 2017

Accepted Date: 22 November 2017

Please cite this article as: Georgakouli K., Manthou E., Fatouros I.G., Georgoulas P., Deli C.K., Koutedakis Y., Theodorakis Y. & Jamurtas A.Z., Enhanced erythrocyte antioxidant status following an 8-week aerobic exercise training program in heavy drinkers, *Alcohol* (2017), doi: 10.1016/j.alcohol.2017.11.035.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Enhanced erythrocyte antioxidant status following an 8-week aerobic exercise training program in heavy drinkers

Kalliopi Georgakouli^{a,b}, Eirini Manthou^{a,b}, Ioannis G. Fatouros^{a,b}, Panagiotis Georgoulis^c, Chariklia K. Deli^{a,b}, Yiannis Koutedakis^{a,b}, Yannis Theodorakis^a, Athanasios Z. Jamurtas^{a,b,*}

^aDepartment of Physical Education and Sport Science, University of Thessaly, Karies, Trikala 42100, GREECE (K.G.: kgeorgakouli@gmail.com; E.M.: eirinimanthou@yahoo.gr; I.G.F.: fatouros@otenet.gr; P.G.: pgeorgoul@uth.gr; C.K.D.: delixar@pe.uth.gr; Y.T.: theodorakis@pe.uth)

^bInstitute of Human Performance and Rehabilitation, Centre for Research and Technology – Thessaly (CERETETH), Karies, Trikala 42100, GREECE

^cDepartment of Nuclear Medicine, Larissa University Hospital, Larissa 41110, GREECE (P.G.: pgeorgoul@uth.gr)

*** Corresponding author:**

Athanasios Z. Jamurtas

Address: **School of Physical Education and Sport Science**, University of Thessaly, Karies, 42100 Trikala, Greece

E-mail: ajamurt@pe.uth.gr

Tel.: +30 24310 47054; Fax: +30 24310 47042

Download English Version:

<https://daneshyari.com/en/article/7501420>

Download Persian Version:

<https://daneshyari.com/article/7501420>

[Daneshyari.com](https://daneshyari.com)