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Responsible and controlled use: Older cannabis users and harm reduction

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Highlights

- Alternative cannabis derivatives and routes of administration reduced health harms.
- Controlled use was moderated, setting appropriate, and respectful of non-users.
- Product lab-testing, proper labeling, and education supported harm reduction.
- Medical recommendations led to better informed decisions about use practices.
- Users contributed to the normalization of cannabis use through normification.

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