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Title: Effect of Interactive Cognitive Motor Training on Gait and Balance among Older Adults: A Randomized Controlled Trial

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Title: **Effect of Interactive Cognitive Motor Training on Gait and Balance among Older Adults: A Randomized Controlled Trial**

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Abstract

Background: Aging is a normal degenerative process that results in a decline in the gait and balance performance of older adults. Interactive cognitive motor training is an intervention that integrates cognitive and motor tasks to promote individuals' physical and cognitive fall risk factors. However, the additive

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