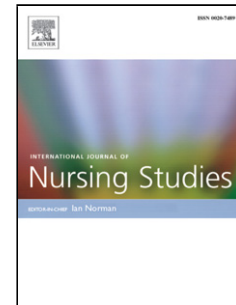


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Authors: Thomas Grochtdreis, Thomas Zimmermann, Egina Puschmann, Sarah Porzelt, Judith Dams, Martin Scherer, Hans-Helmut König



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Cost-utility of collaborative nurse-led self-management support for primary care patients with anxiety, depressive or somatic symptoms: A cluster-randomized controlled trial (the SMADS trial)

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Abstract

Background: Anxiety, depressive and somatoform disorders are highly prevalent and cause a huge economic burden. A nurse-led collaborative care intervention has been set up in order to improve self-management of patients with these mental disorders in primary care in Hamburg, Germany. The aim of this study was to determine the cost-utility of this nurse-led intervention from the health care payer perspective.

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