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Development and evaluation of a nurse-led hypertension management model: a randomized controlled trial

Running title: Nurse-led hypertension management model

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Abstract

Background: The hypertension prevalence rate is increasing but the control rate is unsatisfactory. Nurse-led healthcare may be an effective way to improve outcomes for hypertensive patients but more evidence is required especially at the community level.

Objective: This study aims to establish a nurse-led hypertension management model

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