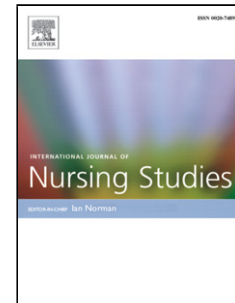


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Title: Care workers health in Swiss Nursing Homes and its association with Psychosocial Work Environment: A cross-sectional study

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Contribution of the Paper

What is already known about this topic?

- Ergonomic injuries are common in nursing home care workers, especially among nursing assistants, and are associated with poor training, unavailable equipment, and strain job demands.
- Needle stick injuries are under-investigated in nursing homes.
- Emotional exhaustion is related to high workload, high job demands, and poor job control.

What this paper adds:

- Back pain, joint pain, emotional exhaustion, sleeplessness, tiredness, and headaches are frequent among nursing home care workers.
- Back pain and joint pain are associated with high workload, inadequate staffing resources, conflict with other health professionals and lack of recognition, and resident verbal aggression towards care workers.
- Emotional exhaustion, sleeplessness, tiredness, and headaches are associated with conflict with other health professionals and lack of recognition.

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