

Accepted Manuscript

Title: Empowering youth sport environments: implications for daily moderate-to-vigorous physical activity and adiposity

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PII: S2095-2546(16)30005-9
DOI: <http://dx.doi.org/doi: 10.1016/j.jshs.2016.03.006>
Reference: JSHS 276

To appear in: *Journal of Sport and Health Science*

Received date: 18-6-2015
Revised date: 24-10-2015
Accepted date: 2-12-2015

Please cite this article as: Sally A.M. Fenton, Joan L. Duda, Paul R. Appleton, Timothy G. Barrett, Empowering youth sport environments: implications for daily moderate-to-vigorous physical activity and adiposity, *Journal of Sport and Health Science* (2016), <http://dx.doi.org/doi: 10.1016/j.jshs.2016.03.006>.

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Original article**Empowering youth sport environments: Implications for daily moderate-to-vigorous physical activity and adiposity**

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Running title: Empowering youth sport contexts, MVPA and adiposity

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Received 18 June, 2015; Revised 24 October, 2015; Accepted 2 December, 2015

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