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Iranian Women's experiences of dealing with the complexities of an unplanned pregnancy: A Qualitative Study

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Highlights

- The unexpected nature of unplanned pregnancy and lack of preparation provoked the negative reactions towards to pregnancy.
- Most women facing unplanned pregnancy used the justification strategies to rationalize their decision to terminate the pregnancy.
- Although social barriers of abortion influenced most women continue with an unplanned pregnancy, it resulted in unsafe behaviors during the pregnancy and perinatal depression.
- For most women, the emotional effects of unplanned pregnancy represented the greatest challenges not just immediately after pregnancy recognition, but throughout the course of decision making and selected course of action.

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