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## Implementation of a childbirth preparation program in the Maternal and Child Health centres in Jordan

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### Abstract

#### Objective:

To investigate the feasibility and outcomes of introducing childbirth preparation programs in a sample of Maternal and Child Health centres in Jordan.

#### Design:

An exploratory, descriptive design, and practice- research engagement was used to implement and evaluate the proposed childbirth preparation program. Face to face interviews and field notes were used to collect data. Outcomes of pregnancy and birth were collected from interviews with women using a structured format.

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