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MIDWIVES UNDERSTANDING OF PHYSICAL ACTIVITY GUIDELINES

ACCEPTED MANUSCRIPT

Midwives understanding of physical activity guidelines during pregnancy

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Abstract

Objective

To examine the current level of understanding held by midwives regarding the NICE physical activity guidelines in the UK, and to investigate the physical activity guidance given to women during pregnancy.

Design

An 11 question online survey comprising of a mixture of closed and open ended questions.

Setting

Data reflects participants sampled across the United Kingdom.

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