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Practice-based interpretation of ultrasound studies leads the way to more effective clinical support and less pharmaceutical and surgical intervention for breastfeeding infants

Pamela Douglas, Donna Geddes



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Practice-based interpretation of ultrasound studies leads the way to more effective clinical support and less pharmaceutical and surgical intervention for breastfeeding infants

Dr Pamela Douglas

Medical Director, The Possums Clinic, Brisbane;

Associate Professor (Adjunct), Centre for Health Practice Innovation, Griffith University;

Senior Lecturer, Discipline of General Practice, The University of Queensland

Corresponding Author

P.Douglas@possumsonline.com

Associate Professor Donna Geddes

Director, Human Lactation Research Group,

School of Molecular Sciences, University of Western Australia

Donna.geddes@uwa.edu.au

List of abbreviations

Breastfeeding support professional BSP

Hazelbaker Assessment for Lingual Frenulum Function ATLFF

Junction of the hard and soft palate HSPJ

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Abstract

Background: Breastfeeding optimises health outcomes for both mothers and infants.

Although most women want to breastfeed, they report commencing infant formula because of nipple pain, unsettled infant behaviour, and infant growth concerns. To date, existing approaches to fit and hold ('latch and positioning') have been demonstrated not to help breastfeeding outcomes, and women report widespread dissatisfaction with the quality of support and conflicting advice they receive. Breast and nipple pain, difficulty with latching and sucking, fussing at the breast, back-arching, marathon feeds, excessively frequent feeds,

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