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# Childbirth and parenting preparation in antenatal classes

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## ABSTRACT

### *Objectives*

to describe topics (1) presented by midwives' during antenatal classes and the amount of time spent on these topics and (2) raised and discussed by first-time parents and the amount of time spent on these topics.

### *Design*

qualitative; data were gathered using video or tape recordings and analysed using a three-pronged content analysis approach, i.e., conventional, summative, and directed analyses.

### *Setting and participants*

3 antenatal courses in 2 antenatal units in a large Swedish city; 3 midwives; and 34 course participants.

### *Findings*

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