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Maternal Experiences of Embodied Emotional Sensations during Breastfeeding: An  
Interpretative Phenomenological Analysis

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## **Abstract**

### **Objective**

The purpose of this study was to explore mothers' experiences of embodied emotional sensations during breastfeeding and to understand the meaning and consequences that such experiences had on mothers' sense of self and the relationships they formed with their children.

### **Design**

A qualitative design was applied to this study as it was judged as the most appropriate approach to this novel field of enquiry.

### **Setting**

The study was conducted in [country] using a sample of mothers drawn from five different countries from Europe, America and Australia.

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