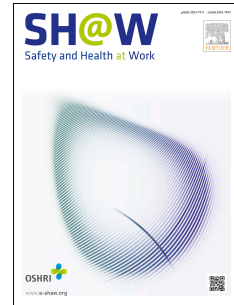


Accepted Manuscript

Exercise self-efficacy as a mediator between goal-setting and physical activity:
developing the workplace as a setting for promoting physical activity

Yoshie Iwasaki, Sumihisa Honda, Shuji Kaneko, Kazuhiro Kurishima, Ayumi Honda,
Ayumu Kakinuma, Doosub Jahng



PII: S2093-7911(16)30167-6

DOI: [10.1016/j.shaw.2016.08.004](https://doi.org/10.1016/j.shaw.2016.08.004)

Reference: SHAW 192

To appear in: *Safety and Health at Work*

Received Date: 6 February 2016

Revised Date: 1 August 2016

Accepted Date: 31 August 2016

Please cite this article as: Iwasaki Y, Honda S, Kaneko S, Kurishima K, Honda A, Kakinuma A, Jahng D, Exercise self-efficacy as a mediator between goal-setting and physical activity: developing the workplace as a setting for promoting physical activity, *Safety and Health at Work* (2016), doi: 10.1016/j.shaw.2016.08.004.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Title page

Exercise self-efficacy as a mediator between goal-setting and physical activity: developing the workplace as a setting for promoting physical activity

Yoshie Iwasaki^{1,2}, Sumihisa Honda³, Shuji Kaneko¹, Kazuhiro Kurishima¹, Ayumi Honda³, Ayumu Kakinuma², Doosub Jahng¹

¹Department of Human Intelligence Systems, Graduate School of Life Science and Systems Engineering, Kyushu Institute of Technology, Kitakyushu, Fukuoka, Japan

²Department of Health Care, NEC Corporation, Minato-ku, Tokyo, Japan

³Department of Nursing, Graduate School of Biomedical Sciences, Nagasaki University, Nagasaki, Nagasaki, Japan

The article type: Original Article

Name and Address for Correspondence: Yoshie Iwasaki

Department of Human Intelligence Systems, Graduate School of Life Science and Systems Engineering, Kyushu Institute of Technology

2-4 Hibikino, Wakamatsu-ku, Kitakyushu, Fukuoka, 808-0196, Japan

Tel: +81 93 6956138; **Fax:** +81 93 6956138

E-mail: iwasaki-yoshie@umin.ac.jp (Y. Iwasaki).

A running title: Exercise self-efficacy as mediator for physical activity

Disclaimers: none

Download English Version:

<https://daneshyari.com/en/article/7527801>

Download Persian Version:

<https://daneshyari.com/article/7527801>

[Daneshyari.com](https://daneshyari.com)