## Accepted Manuscript

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\begin{array}{l}\text { Ice Cream Structure Modification by Ice- Binding Proteins } \\
\text { Aleksei Kaleda, Robert Tsanev, Tiina Klesment, Raivo Vilu, Katrin Laos } \\
\text { PII: } \\
\begin{array}{ll}\text { DOI: } & \text { S0308-8146(17)31797-1 } \\
\text { Reference: } & \text { https://doi.org/10.1016/j.foodchem.2017.10.152 } \\
\text { FOCH } 21975\end{array}
$$ <br>

To appear in:\end{array} \quad $$
\begin{array}{ll}\text { Food Chemistry }\end{array}
$$\right]\)| Received Date: | 16 April 2017 |
| :--- | :--- |
| Revised Date: | 26 October 2017 |
| Accepted Date: | 31 October 2017 |



Please cite this article as: Kaleda, A., Tsanev, R., Klesment, T., Vilu, R., Laos, K., Ice Cream Structure Modification by Ice- Binding Proteins, Food Chemistry (2017), doi: https://doi.org/10.1016/j.foodchem.2017.10.152

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## Ice Cream Structure Modification by Ice-

## Binding Proteins

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## Keywords

ice-binding protein (antifreeze protein); ice recrystallization inhibition; ice cream microstructure;


#### Abstract

Ice-binding proteins (IBPs), also known as antifreeze proteins, were added to ice cream to investigate their effect on structure and texture. Ice recrystallization inhibition was assessed in the ice cream mixes using a novel accelerated microscope assay and the ice cream microstructure was studied using an ice crystal dispersion method. It was found that adding recombinantly produced fish type III IBPs at a concentration $3 \mathrm{mg} \cdot \mathrm{L}^{-1}$ made ice cream hard and crystalline with improved shape preservation during melting. Ice creams made with IBPs (both from winter rye, and type III IBP) had aggregates of ice crystals that entrapped pockets of the ice cream mixture in a rigid network. Larger individual ice crystals and no entrapment in control


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