

Accepted Manuscript

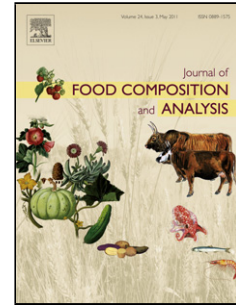
Title: Making the Dietary Guidelines for Americans “for Americans”: The critical role of data analyses

Authors: Eve Essery Stoody, Kellie O. Casavale

PII: S0889-1575(17)30163-1

DOI: <http://dx.doi.org/doi:10.1016/j.jfca.2017.07.009>

Reference: YJFCA 2926



To appear in:

Received date: 1-8-2016

Revised date: 18-12-2016

Accepted date: 6-7-2017

Please cite this article as: Stoody, Eve Essery., & Casavale, Kellie O., Making the Dietary Guidelines for Americans “for Americans”: The critical role of data analyses. *Journal of Food Composition and Analysis* <http://dx.doi.org/10.1016/j.jfca.2017.07.009>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Short Communication

Making the Dietary Guidelines for Americans “for Americans”: The critical role of data analyses¹

Eve Essery Stoody*, PhD, Lead Nutritionist, Office of Nutrition Guidance and Analysis,
Center for Nutrition Policy and Promotion, U.S. Department of Agriculture

Kellie O. Casavale, PhD, RD, Nutrition Advisor, Division of Prevention Science, Office of
Disease Prevention and Health Promotion, U.S. Department of Health and Human Services

***Corresponding Author.** Email address: eve.essery@cnpp.usda.gov (E.E. Stoody)

Mailing address: Lead Nutritionist, Office of Nutrition Guidance and Analysis, Center for
Nutrition Policy and Promotion, U.S. Department of Agriculture, 3101 Park Center Drive,
Room 1034; Alexandria, VA 22302, USA

Highlights

- Data analyses make dietary recommendations attainable and relevant to the U.S.
- Types and amounts of foods Americans typically consume are considered.
- Data enable comparing how Americans currently eat to recommendations.
- Future *Dietary Guidelines* will expand to pregnancy and birth to 24-months of age.

Abstract

The purpose of this paper is to describe the critical role that data analyses played in the development of the *2015-2020 Dietary Guidelines for Americans*. In abbreviation, the five overarching Guidelines of the *2015-2020 Dietary Guidelines* are to follow a healthy eating pattern across the life span; focus on variety, nutrient density, and amount; limit calories from

¹ This paper was originally submitted as an oral presentation at the 39th National Nutrient Databank Conference (NNDC) held May 16-18, 2016 in Alexandria, Virginia.

Download English Version:

<https://daneshyari.com/en/article/7620072>

Download Persian Version:

<https://daneshyari.com/article/7620072>

[Daneshyari.com](https://daneshyari.com)