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Identification of chickpea seed proteins resistant to simulated in vitro human digestion

I.C. Ribeiro¹, C.C. Leclercq², N. Simões³, A. Toureiro³, I. Duarte³, J.B. Freire⁴, M.M. Chaves¹, J. Renaut² and C. Pinheiro^{1,5*}

¹Instituto de Tecnologia Química e Biológica, Universidade NOVA de Lisboa, Av. da República, EAN, 2781-901 Oeiras. ²Luxembourg Institute of Science and Technology, 5, Avenue des hauts-Fourneaux, L-4362 Esch/Alzette, Luxembourg. ³INIAV, Elvas, Apartado 6, 7350-951 Elvas, Portugal. ⁴LEAF, Instituto Superior de Agronomia, Universidade de Lisboa, Tapada da Ajuda 1349-017 Lisboa, Portugal. ⁵DCV — Faculdade de Ciências e Tecnologia, Universidade NOVA de Lisboa, 2829-516 Caparica, Portugal

Proteins and peptides able to resist gastrointestinal digestion and reach the intestinal mucosa have the potential to influence human health. Chickpea (*Cicer arietinum* L.) seed proteins are able to resist cooking (86.9% total protein) and/or *in vitro* simulated human digestion (15.9% total protein resists soaking, cooking and digestion with pepsin and pancreatin). To identify and characterize proteins resisting digestion we made use of different MS methodologies. The efficiency of several proteases (trypsin, AspN, chymotrypsin and LysC) was tested, and two technologies were employed (MALDI-TOF-TOF and LC-nESI-MS/MS). Digestion with trypsin and AspN were most successful for the identification of seed proteins. When analyzed by MALDI-TOF-TOF, trypsin allowed the identification in 48%. The use of LC-ESI-MS/MS, allowed the identification of much more proteins/polypeptides from digested seeds (232 vs 17 using trypsin). The majority of the proteins found to be able to resist simulated digestion were members of the 7S vicilin and 11S legumin seed storage protein classes, which are reported to contain bio-active functions. In addition, we have found proteins that had not yet been described as potentially able to cause an impact on human health.

Significance:

This is the first proteomic study to analyze the effect of processing and simulated human gastrointestinal digestion on the proteome of chickpea seed. Chickpea is reported to have antinutritional effects as well as nutraceutical properties, so the identification and characterization of the proteins able to resist digestion is crucial to understand the targets underlying such properties.

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