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developed, including solar cells [1], water splitting devices [2], triboelectric nanogenerators [3], and thermoelectric 3 generators [4]. Besides energy harvesting, energy storage is very important for investigation because once energy is captured from the environment, the storage becomes necessary, not only to prevent wasting the surplus energy but also to guarantee a stable output of the converted energy in electrical system. As one of the most promising type of energy storage devices, supercapacitors or electrochemical capacitors own some unique advantages in high power density, ultra long cycle lifetime, high rates and large 11 current density for charge/discharge, a relative wide range 13 of operating temperatures and safety [5]. These make them promising for applications ranging from portable electronics 15 to hybrid electric vehicles [6]. Generally, supercapacitors can be divided into two types, electrical double-layer 17 capacitors (EDLCs) and pseudocapacitors, by different energy storage mechanism [7]. EDLCs store electrical energy by absorption of oppositely charged ions near the electrode/ 19 electrolyte interfaces, while pseudocapacitors make use of 21 the reversible Faradaic reactions on the electrode surface.

Flexible supercapacitors have been intensely studied as 23 flexible/wearable power sources for next generation all-inone portable and wearable electronics [8]. Carbon fabric 25 has been known as flexible electrodes for supercapacitors fabricated by carbon fibers through a commercial weaving 27 method [9], however, its low capacity limits its applications [10]. Graphene based flexible supercapacitors have been 29 developed recently. For example, high-performance and flexible graphene-based supercapacitors have been realized 31 by laser scribing [11]. Flexible asymmetric supercapacitors are realized by using two-dimensional MnO₂ and graphene 33 nanosheets as cathode and anode materials [12]. Hierarchical porous graphene/polvaniline composite films have been 35 fabricated for flexible supercapacitors [13]. On the other hand, fiber electrodes have been developed for flexible 37 supercapacitors. For example, fiber supercapacitors utilizing pen ink as active material have been developed for 39 flexible and wearable energy storage [14]. A coaxial single fiber supercapacitor was developed using a dip coating 41 method [15]. Along this line of thinking, metal meshes possess many advantages as conductive substrate for super-43 capacitors, such as high conductivity, low cost, light weight, good mechanical strength, high bending endurance, and 45 high temperature sinterability, etc. The higher integration level of mesh makes it easier to fabricate large-area super-47 capacitors for industrial production compared with fiber supercapacitors [16].

In this work, we designed and manufactured a simple and 49 efficient flexible sandwich structured mesh-based super-51 capacitor (MSC) that consists of two stainless steel mesh electrodes, a spacer, and an electrolyte (Fig. 1a). The 53 electrode active material is made from commercial pen ink, which has demonstrated advantages including simple 55 process, low cost, high flexibility and stability, and wellestablished industrial production compared to various kinds of carbon materials [14]. The devices show good electro-57 chemical performance, with a specific capacitance of 107.8 F g⁻¹ at a scan rate of 2 mV s⁻¹, an energy density 59 of 10.25 Wh kg⁻¹ at a current density of 0.1 mA cm⁻², and a power density of 11.36 kW kg⁻¹ at 5 mA cm⁻². Besides, 61 this mesh-based device demonstrates a stable performance during 20,000 times cyclic voltammetry (CV) under a high 63 scan rate of 1 V s^{-1} . Moreover, the MSCs illustrate much 65 better flexibility compared to plate-type ones, showing no distinct decrease and stable electrochemical performance after severe bending. Furthermore, a simple dip-coating 67 method is used to form a uniform pen ink film on the mesh 69 electrode with strong adhesion. The robust ink film makes the device fully compatible with common carbon materials 71 modification/incorporating process, to further improve the electric conductivity and electrochemical performance 73 of pseudocapacitors, such as MnO₂ and Co_xNi_{1-x}DH. Therefore, low-cost, flexible, simple-process, long-lifetime, good-75 performance MSCs provide a possible solution for large-area and industrial efficient flexible/wearable energy storage and management. 77

Experimental

Mesh electrodes and device fabrication

83 The mesh/plate-type stainless steel and pen ink (from Hero, Shanghai Ink Factory in China) were used in this work as 85 purchased. Stainless steel substrates were cut into small pieces $(1 \times 2 \text{ cm}^2)$ first and then ultrasonically cleaned in 87 dilute hydrochloric acid, acetone, ethanol, and deionized water for 15 min, respectively. 50 nm Ni film was deposited 89 on the whole surface of the substrates. 50 nm Au film was deposited on the upper part of the substrates about only 91 5 mm in width (as shown in yellow part in Fig. 1e and f) by means of mask using magnetron sputtering to protect the 93 specific part of Ni film where is the connecting area in the following electrochemical characterization from oxidation 95 during annealing process. A similar method of preparing the ink film on mesh electrode is used to prepare the pen ink 97 film on the plate electrode which is coated with 50 nm Ni film and Au film using magnetron sputtering. The final 99 working area on the electrode is $1.5 \times 1 \text{ cm}^2$. The following electrochemical characterization is performed using a two-101 electrode system in 1 M KCl aqueous solution. An ultrasonic-assistant dip-coating method was used to prepare the 103 required mesh/plate-type electrodes. The concrete operating procedure was as follows: the stainless steel substrates 105 were immersed into ink solution in an ultrasonic cleaner for 1 min, taken out, annealed on the hot plate in air. The mass 107 loading of ink film on the prepared mesh/plate electrodes is about 0.44 mg cm⁻² and 0.2 mg cm⁻², respectively. Two 109 pieces of PET in proper size and double-sided adhesive (3M Company, America) were used to pack the complete devices 111 of mesh/plate-type electrode supercapacitors with a porous polymer spacer between the two electrodes. The thickness 113 of the polymer spacer is $10 \,\mu m$.

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Pseudocapacitive materials coating

MnO₂-coating was as follows: the prepared ink based 119 electrodes were immersed into the 0.1 M KMnO₄ solution at 80 °C. Then the electrodes were taken out, washed with 121 deionized water and annealed at 300 °C in air for 0.5 h. The mass loading of MnO₂ was 0.62, 0.74, 0.97, 1.08 mg cm⁻² for 123 the immersing time of 0.5 h, 1 h, 2 h, and 3 h, respectively.

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