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Food waste recovery into energy in a circular economy perspective: A comprehensive review of aspects related to plant operation and environmental assessment

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1 Abstract

Food Waste (FW) is increasingly viewed as a resource to be diverted from landfilling. In a circular
economy where FW management is developed sustainably, FW has great potentials to be
recovered, through a set of technologies like Anaerobic Digestion (AD), into high-value energy, fuel,
and natural nutrients.

In this context, a comprehensive review of existing life cycle environmental assessments of FW
recovery through AD was made and discussed in this paper, with the aim of finding key aspects
related to plant operation, as well as to methodology application and Climate Change (CC) impact.

Based upon the papers reviewed, AD resulted to be characterised by a biogas yield being equal to
an average of around 120 m³ t⁻¹ FW which increases to around 480 m³ t⁻¹ FW in the case of co-

digestion of FW with other biomasses, so underscoring the influence played by the feedstock used.

12 CC-impact values were found as ranging between nearly -860 and 290 kg CO_2 eq per ton of FW 13 treated in AD, depending upon: the amount of feedstock treated; the amounts of products and by-

14 products and the way they are modelled; and the method used for development of life cycle impact

15 assessment phase.

Results are highly affected by the methodological choices and assumptions that are made as part of
the environmental assessment.

Finally, negative CC-impact values were documented to be due to the environmental benefits resulting from the modelling of energy and material substitutes being higher than the environmental impacts associated with the actual treatment system. This is part of the substitution effect which is often considered and recommend in attributional LCAs though, according to this author team could lead to too much emphasising upon the environmental sustainability of AD plants.

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25	Keywords: Food waste; Energy recovery; Anaerobic digestion; Life Cycle Assessment; Environmental
26	Sustainability; Literature review

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