



constants. These damage variables are assumed to evolve according to a power law function of equivalent damage energy release rate. Ladeveze [15] and Ladeveze et al. [16] combined the ply and interface damage models to predict the overall damage of laminate under quasi-static and dynamic loadings. Barbero and de Vivo [17], Barbero and Lonetti [18,19] and Lonetti et al. [20] proposed a model for damage initiation, evolution and failure of composite structures at critical values of damage based on the concepts of thermodynamics of irreversible processes. Abdelal et al. [21] extended this model and proposed a micro-mechanics damage approach for fatigue damage evolution of polymer matrix composites (PMCs). A discrete damage mechanics model for initiation/evolution of transverse matrix cracking in laminated composites is proposed by Barbero and Cortes [22] and the moduli of the damaged laminate are expressed as functions of crack densities. Since the evolution of crack density is expressed as function of calculated energy release rate, the model requires only critical energy release rates for the laminae. The procedure to determine material parameters for carbon-epoxy laminate [23] and a robust three-node shell element [24] based on the model have been developed.

Robbins et al. [25,26] implemented the continuum damage mechanics approach in the finite element model based on the first order [25] and layerwise [26] shear deformation theories of laminates. Gupta et al. [27,28] investigated the effect of evolving damage on static response characteristics of laminated composite shallow cylindrical/conical panels and plates. The nonlinear dynamic response of laminated plates with piezoelectric layers is studied by Tian et al. [29,30] considering elasto-plastic deformation, damage evolution law similar to plastic flow rule and classical plate theory. The elasto-plastic postbuckling of orthotropic plates is studied by Tian and Fu [31] using classical plate theory and continuum damage based on damage flow rule. Tian et al. [29,30] and Tian and Fu [31] have used stress tensor as the conjugate force to damage which is thermodynamically inconsistent [32]. The progressive failure analysis of carbon fiber/epoxy composite laminated cylindrical is carried out using explicit finite element method incorporating viscous damping effect to overcome numerical convergence difficulty [33] employing Hashin failure criterion based damage initiation and fracture energy based damage evolution laws.

Progressive damage is a strain softening phenomenon exhibiting strong spurious mesh sensitivity due to damage localization in a zone of vanishing volume [34]. The energy dissipated through damage tends toward zero with mesh refinement indicating failure of structure at zero energy dissipation [35] which is unacceptable from phenomenological view point. The strain/damage localization to a zero volume and spurious mesh sensitivity can be overcome using nonlocal continuum damage mechanics approach [35–38] wherein growth of damage at a point is no longer governed by the local strains/damage driving forces, but depends on the weighted average of these parameters in a finite neighbourhood of the point. The nonlocal quantities can be evaluated based on integration (averaging) [38] or implicit/explicit gradients [39,40]. Peerlings et al. [41,42] compared the nonlocal and implicit/explicit gradient approach in the framework of elasticity based continuum damage model for an isotropic rod undergoing axial deformation to find out the similarities and intrinsic differences between them. Geers et al. [43] compared implicit gradient-enhanced nonlocal isotropic damage models for axial deformation of a rod and two-dimensional notched plate based on equivalent strain, local history parameter (function of equivalent strains), damage variable with damage dependent characteristics length and strains with damage/strain dependent characteristics length. The damage variable is assumed to evolve according to a power and an exponential law based on local history parameter.

Geers and coworkers [44] determined intrinsic length scale parameter of strain-based transient gradient isotropic damage model based on the comparison of the failure process, load displacement curve and strain distribution in the failure region of glass fiber reinforced polypropylene Compact-Tension specimen with experimental results. The damage evolution is based on power law function of nonlocal equivalent strains. Further, a mixed numerical–experimental approach [45] has been developed to identify the unknown model parameters governing the damage evolution and failure process of fiber reinforced composites.

Kennedy and Nahan [46] proposed a nonlocal damage model for notched composite laminated plate under tensile loading. The evolution of uncoupled damage variables is based on exponential function of nonlocal strains obtained by weighted averaging of local strains. The authors investigated the progressive failure of a pre-cracked composite stiffened cylindrical panel subjected to internal pressure loading with constant [47] and linear [48] through the thickness variation of damage variables. Germain et al. [49,50] proposed anisotropic nonlocal damage model by introducing different internal length scales for each principal material direction. The damage variables were expressed as exponential functions of nonlocal damage driving forces obtained by implicit gradient formulation.

It can be concluded from the literature review that most of the nonlocal damage models are based on isotropic damage with damage evolution law based on power or exponential function of nonlocal strains/damage driving forces. The application of the nonlocal damage theory is mainly dealing with the in-plane loading. The implementation of nonlocal damage models for progressive failure analysis of composite laminated plates/panels under flexural loading has not received the adequate attention of researchers except Kennedy and Nahan [47] and Nahan and Kennedy [48] wherein damage variables are assumed to be constant/linearly varying through the thickness. The progressive damage modeling and global failure load prediction of thick composite structures is strongly affected by interlaminar shear stresses and through the thickness material inhomogeneity. The use of higher-order theories is essential to accurately predict the through-thickness distribution of damage/stress/strain and failure load. To the best of the authors' knowledge, the application of these theories with nonlocal effects for progressive damage analysis of thick composite laminated structures is not explored.

In the present work, a nonlocal continuum damage model for progressive failure analysis of thick/moderately thick laminated composite plates/panels using a global higher-order shear deformation theory including zig-zag function is formulated. The static analysis of laminated plates/panels is carried out considering continuum damage models based on nonlocal strain, nonlocal damage driving force and nonlocal damage variables for prediction of failure load. The detailed study is carried out to investigate the effect of nonlocal parameter on convergence of failure load, maximum deflection and damage variables with successive mesh refinement for thick/moderately thick laminated plates/cylindrical panels subjected to uniformly distributed transverse load.

## 2. Continuum damage mechanics model

The relation between the Cauchy stress  $\{\sigma\}$  in the damaged continuum and effective stress  $\{\bar{\sigma}\}$  in the equivalent undamaged continuum can be expressed as [51]:

$$\{\bar{\sigma}\} = [\mathbf{M}]\{\sigma\} \quad (1)$$

where  $[\mathbf{M}]$  is the effective damage tensor. The non-zero elements of the effective damage tensor [51] are given by:

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