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A Grounded Theory of Successful Aging among Select Incarcerated Older Filipino Women

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Highlights:

- Older female prisoners are able to age successfully in spite of prison conditions.
- Acceptance is critical for adaptation; and motivation to develop spiritual, mental and emotional well being.
- Social support and engagement allowed older prisoners to live actively and healthy.

Abstract: Background: Across the literature, impairment and disability among the older people has been associated with a decline in meeting their special needs. Failure in meeting such needs may cause deterioration of function and threaten successful aging. Accordingly, successful aging studies were carried out among males, in health care institutions and in communities. In spite of these, the process by which successful aging is experienced by incarcerated older women remains to be a blank spot in research.

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