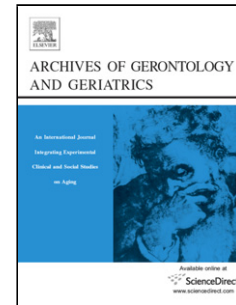


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The mediating effect of coping style on personality and mental health among elderly Chinese empty-nester: A cross-sectional study

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Graphical Abstract

Personality and coping style affects mental health directly among empty-nest elderly. Coping style partially mediated the relationship between the personality and mental health of the empty-nest elderly.

Highlights

- 1. Personality affects mental health directly among empty-nest elderly.
- 2. Coping style affects mental health directly among empty-nest elderly.
- 3. Coping style partially mediated the relationship between the personality and mental health of the empty-nest elderly.
- 4. To improve the mental health of the empty-nest elderly, coping style should be the focus.

Abstract

Background: Mental health is a growing concern among older people all over the world. China has a rapidly aging population, and the number of elderly empty-nesters,

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