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The evaluation of perceived stress and associated factors in elderly caregivers

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Highlights

- We evaluated factors are associated with perceived stress in elderly caregivers.
- Perceived stress was associated with pain, sleep and self-rated health.
- Perceived stress was associated with household composition, cognition and burden.

Abstract

Objective: Factors associated with perceived stress in older people have been studied previously, but this investigation in elderly caregivers is still scarce in the literature. Our aim

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