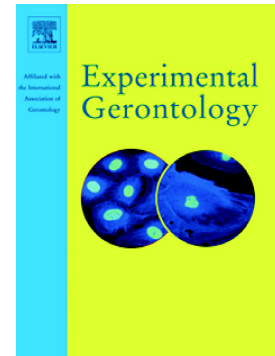


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WATER-BASED AEROBIC AND COMBINED TRAINING IN ELDERLY WOMEN: EFFECTS ON FUNCTIONAL CAPACITY AND QUALITY OF LIFE

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