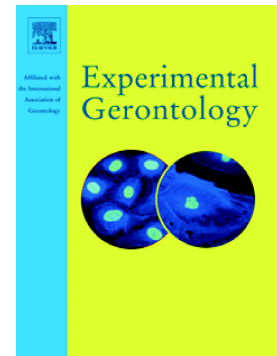


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NORDIC WALKING TRAINING IN ELDERLY WOMEN – A CHANGE DEPENDENT
ON THE TRAINING EXPERIENCE

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