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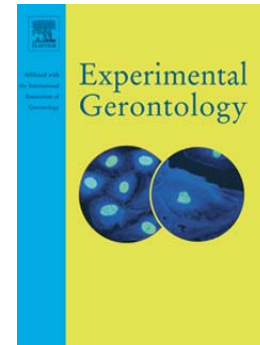
Dose-and Gender-Specific Effects of Resistance Training on Circulating Levels of Brain Derived Neurotrophic Factor (BDNF) in Community-Dwelling Older Adults

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