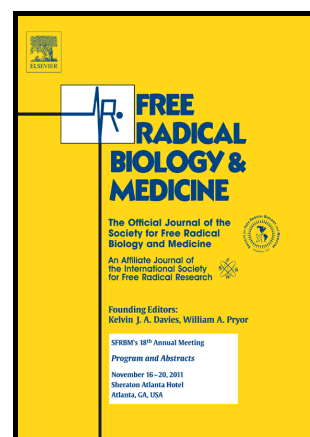


# Author's Accepted Manuscript

N-acetylcysteine supplementation increases exercise performance and reduces oxidative stress only in individuals with low levels of glutathione

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**N-acetylcysteine supplementation increases exercise performance and reduces oxidative stress only in individuals with low levels of glutathione**

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**Clinical Trial:** The trial was registered at [clinicaltrials.gov](https://clinicaltrials.gov) as NCT 1530646

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