## Accepted Manuscript

Title: Phytoestrogen supplementation and body composition in postmenopausal women: a systematic review and meta-analysis of randomized controlled trials

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PII: S0378-5122(18)30324-4

DOI: https://doi.org/10.1016/j.maturitas.2018.06.012

Reference: MAT 7024

To appear in: *Maturitas* 

Received date: 29-5-2018 Revised date: 20-6-2018 Accepted date: 20-6-2018

Please cite this article as: Glisic M, Kastrati N, Musa J, Milic J, Asllanaj E, Fernandez EP, Nano J, Rosales CO, Amiri M, Kraja B, Bano A, Bramer WM, Roks AJM, Danser AHJ, Franco OH, Muka T, Phytoestrogen supplementation and body composition in postmenopausal women: a systematic review and meta-analysis of randomized controlled trials, *Maturitas* (2018), https://doi.org/10.1016/j.maturitas.2018.06.012

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## **ACCEPTED MANUSCRIPT**

Phytoestrogen supplementation and body composition in postmenopausal women: a systematic review and meta-analysis of randomized controlled trials

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