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Authors: Fatah B Ahtesh, Lily Stojanovska, Vasso Apostolopoulos



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Highlights

- Fermentation of milk proteins supports high production of bioactive peptides.
 - A functional milk drink with antihypertensive properties could be developed.
 - Antihypertensive peptides released from milk proteins normalize blood pressure in spontaneously hypertensive rats.
 - Consumption of bioactive peptides reduces hypertension in humans.
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**Maturitas
Review**

Anti-hypertensive peptides released from milk proteins by probiotics

Fatah B Ahtesh ^a, Lily Stojanovska ^a, Vasso Apostolopoulos ^{a*}

^a *Institute for Health and Sport, Victoria University, Melbourne VIC Australia*

* Corresponding author: **Fatah B Ahtesh**, Victoria University, Institute for Health and Sport, Hoppers Lane, Building 2 west, Werribee Campus, VIC Australia

Email addresses:

Fatah.Ahtesh@live.vu.edu.au (F. Ahtesh), Lily.Stojanovska@vu.edu.au (S. Stojanovska), Vasso.Apostolopoulos@vu.edu.au (V. Apostolopoulos)

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