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Highlights

- The heritability of muscle mass in Korean parent–offspring pairs was estimated.
 - All three indices of muscle mass examined showed significant heritability.
 - This is the first study of the heritability of muscle mass using a nationwide cohort in an Asian country.
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[Original Article]**Heritability of Muscle Mass in Korean Parent–Offspring Pairs in the Fifth Korean National Health and Nutrition Examination Survey (KNHANES V)**

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