Accepted Manuscript

Title: Exercise alone or combined with dietary supplements for sarcopenic obesity in community-dwelling older people: a systematic review of randomized controlled trials

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PII: S0378-5122(18)30054-9

DOI: https://doi.org/10.1016/j.maturitas.2018.02.005

Reference: MAT 6961

To appear in: *Maturitas*

Received date: 26-1-2018 Revised date: 7-2-2018 Accepted date: 8-2-2018

Please cite this article as: Martínez-Amat Antonio, Aibar-Almazán Agustín, Fábrega-Cuadros Raquel, Cruz-Díaz David, Jiménez-García José D, Pérez-López Faustino R, Achalandabaso Alexander, Barranco-Zafra Rafael, Hita-Contreras Fidel.Exercise alone or combined with dietary supplements for sarcopenic obesity in community-dwelling older people: a systematic review of randomized controlled trials. *Maturitas* https://doi.org/10.1016/j.maturitas.2018.02.005

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Abbreviations:

BIA: Bioelectrical impedance analysis

BMI: Body Mass Index

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