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## Highlights

- Vaginal lactobacilli are strongly associated with vaginal health in menopause.
- Disruption in the vaginal microbiome correlates with vaginal symptoms of menopause.
- Lactobacilli decrease along with menopause-related hormonal and epithelial changes.
- Hormone replacement therapy can restore vaginal lactobacilli following menopause.
- Probiotic therapies show promise in reinstating vaginal homeostasis in menopause.

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## Menopause and the Vaginal Microbiome

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