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Drinks containing anthocyanin-rich blackcurrant extract decrease postprandial blood glucose, insulin and incretin concentrations.

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MLCA and LS are joint lead authors.

Short running head: Blackcurrant polyphenols and postprandial glycemia.

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KEYWORDS: Randomized controlled trial, Clinical trial, Postprandial glycemia, Incretins, Insulin, Glucose, Anthocyanins, Polyphenols, Berries, Healthy volunteers

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