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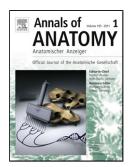
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Gender as an underestimated factor in mental health of medical students

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**Abstract** 

Background

In Germany, currently two out of three medical students are female. Several studies

corroborate that medical students show a significantly higher prevalence of stress-

related mental disorders than the population in general.

Aims

We aimed to evaluate, if gender has an influence on the distribution of mental stress

parameters and learning style among male and female medical students.

Methods

We investigated a total of 758 students of the medical faculty at the University of

Erlangen-Nuernberg, Germany, using standardized and validated psychological

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