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Gender as an underestimated factor in mental health of medical students

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Abstract**Background**

In Germany, currently two out of three medical students are female. Several studies corroborate that medical students show a significantly higher prevalence of stress-related mental disorders than the population in general.

Aims

We aimed to evaluate, if gender has an influence on the distribution of mental stress parameters and learning style among male and female medical students.

Methods

We investigated a total of 758 students of the medical faculty at the University of Erlangen-Nuernberg, Germany, using standardized and validated psychological

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