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Original article 1

Red blood cells serve as intravascular carriers of myeloperoxidase $\stackrel{ au}{\sim}$ 2

Matti Adam^{a,b,*}, Silvie Gajdova^c, Hana Kolarova^c, Lukas Kubala^{c,d}, Denise Lau^e, Anne Geisler^e, 0 Thorben Ravekes^f, Volker Rudolph^f, Philip S. Tsao^{a,b}, Stefan Blankenberg^e, Stephan Baldus^f, Anna Klinke^f 4

^a Stanford University, Division of Cardiovascular Medicine, Stanford, CA, USA

^b Stanford Cardiovascular Institute, Stanford, CA, USA 6

- ^c Academy of Sciences of the Czech Republic, Institute of Biophysics, Brno, Czech Republic
- ^d International Clinical Research Center–CBCE, St. Anne's University Hospital Brno, Brno, Czech Republic 8
- ^e University of Hamburg, Heart Center, Department of Cardiovascular Medicine, Hamburg, Germany 9
- 10 ^f Heart Center, Department of Cardiology and Cologne Cardiovascular Research Center, University of Cologne, Cologne, Germany

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ABSTRACT

Myeloperoxidase (MPO) is a heme enzyme abundantly expressed in polymorphonuclear neutrophils. MPO is en-23 zymatically capable of catalyzing the generation of reactive oxygen species (ROS) and the consumption of nitric 24 oxide (NO). Thus MPO has both potent microbicidal and, upon binding to the vessel wall, pro-inflammatory 25 properties. Interestingly, MPO – a highly cationic protein – has been shown to bind to both endothelial cells 26 and leukocyte membranes. Given the anionic surface charge of red blood cells, we investigated binding of MPO 27 to erythrocytes. Red blood cells (RBCs) derived from patients with elevated MPO plasma levels showed signifi- 28 cantly higher amounts of MPO by flow cytometry and ELISA than healthy controls. Heparin-induced 29 MPO-release from patient-derived RBCs was significantly increased compared to controls. Ex vivo experiments 30 revealed dose and time dependency for MPO-RBC binding, and immunofluorescence staining as well as confocal 31 microscopy localized MPO-RBC interaction to the erythrocyte plasma membrane. NO-consumption by RBC- 32 membrane fragments (erythrocyte "ghosts") increased with incrementally greater concentrations of MPO during 33 incubation, indicating preserved catalytic MPO activity. In vivo infusion of MPO-loaded RBCs into C57BL/6J mice 34 increased local MPO tissue concentrations in liver, spleen, lung, and heart tissue as well as within the cardiac vas- 35 culature. Further, NO-dependent relaxation of aortic rings was altered by RBC bound-MPO and systemic vascular 36 resistance significantly increased after infusion of MPO-loaded RBCs into mice. In summary, we find that MPO 37 binds to RBC membranes in vitro and in vivo, is transported by RBCs to remote sites in mice, and affects endothe- 38 lial function as well as systemic vascular resistance. RBCs may avidly bind circulating MPO, and act as carriers of 39 this leukocyte-derived enzyme. 40

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1. Introduction 46

Myeloperoxidase (MPO) is a heme-containing enzyme abundantly 47expressed in immune cells, including polymorphonuclear neutrophils 48 49(PMN), monocytes and macrophages. MPO is stored in large amounts in the azurophilic granules of neutrophils and is secreted into the 50phagosome and the extracellular space upon activation by inflammato-51ry stimuli [1]. Enzymatically capable of generating reactive oxygen spe-52cies (ROS), in particular hypochlorous acid (HOCl), it is considered one 53

E-mail address: matti.adam@stanford.edu (M. Adam).

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of the major bactericidal proteins, taking part in the first line of host 54 defense [2].

Besides its bactericidal properties, MPO has been found to potently 56 affect vascular homeostasis. MPO catalytically consumes nitric oxide 57 (NO), thereby directly impairing endothelial function. Also, MPO 58 catalyzes the oxidation of thiols by HOCl, such as thioester and tyrosyl 59 residues, thereby structurally impairing vascular integrity [3]. More- 60 over, MPO exhibits leukocyte-attracting properties irrespective of 61 its catalytic function. Electrostatic interactions between the highly- 62 cationic MPO and the anionic glycocalyx residues of PMNs and endothe- 63 lial cells lead to attraction of PMNs to the endothelial surface [4]. Given 64 the potent pro-inflammatory properties of MPO, its distribution in the 65 microcirculation is crucial for its pathobiological significance. 66

Red blood cells (RBCs) are the most common cells in peripheral 67 blood, with a concentration of 4–6 million cells per microliter. High 68 amounts of sialic acid, bound to glycophorins in the erythrocyte mem- 69 brane, are responsible for a halo of negative charge that surrounds 70 RBCs [5]. 71

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Corresponding author at: Stanford University School of Medicine, Division of Cardiovascular Medicine, 300 Pasteur Drive, Falk CVRB, Stanford, CA 94305, USA. Tel.: +1 650 498 6353.

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We postulated that cationic MPO would be attracted to erythrocyte membrane. Due to the large number of RBCs and their close interaction with endothelial cells and other blood cells or even with RBCs themselves, depending on the region of vasculature, we investigated RBC capability to bind to, transport, and deliver MPO, with potential relevance for changing endothelial function and vascular tone.

78 **2. Methods**

Human studies were performed after informed consent, in accordance with the Declaration of Helsinki and approved by the Board of
Physicians Ethics Committee Hamburg. All animal experiments were
approved by the local ethics committee an in accordance with the US
National Research Council's Guide for the Care and Use of Laboratory
Animals.

85 2.1. Isolation of RBCs

Blood for erythrocyte isolation was collected either from healthy volunteers or from patients in intermediate or intensive care unit. Patients had either been diagnosed with acute coronary syndrome within the last week or had proof of severe heart failure, and were excluded for fever (body temperature >38 °C) or for c-reactive protein (CRP) level >50 mg/dl. Investigators were blinded to anticoagulation regime or additional clinical data.

Venous blood was mixed with EDTA (0.5 M pH 8.0) 100:1 and
centrifuged for 10 min, supernatant and buffy-coat with leukocytes
were removed, and 2 subsequent washing steps with phosphate buffered saline (PBS-Invitrogen) were performed. The pellet was diluted
to 5 million RBC/µl stock solution and further diluted with PBS as needed. Isolation of RBCs from C57BL/6J mice (Jackson Laboratory) was performed using the same protocol.

100 2.2. Isolation of RBC-ghosts

RBCs were lysed in a 10-fold volume of 5 mM Tris-HCl, pH 7.0, 1 mM 101 102 EDTA and mixed for 15 min at room temperature. Afterwards, samples were centrifuged at 21,000 \times g for 30 min at 4 °C. The pellet was resus-103 pended in 5 mM Tris-HCl, pH 7.0, 1 mM EDTA and washed again. High 104 salt wash was performed with 0.05 M Tris-HCl, pH 7.0, 1 mM EDTA, 0.5 105M NaCl, and then twice resuspended and washed with 5 mM Tris-HCl, 106 107 pH 7.0, 1 mM EDTA, while centrifuging at 21,000 \times g for 12 min at 4 °C. RBC ghosts were washed until they were white in color. Storage of RBC 108 ghosts was performed in a small volume of 0.05 M Tris-HCl, pH 7.0 109 (500 µl per pellet) for a maximum of 1 day. Before use, membrane frag-110 ments were transferred into PBS and diluted to a stock solution using 111 112 spectrometric OD 280 nm absorbance to create arbitrary units.

113 2.3. Flow cytometry

The presence of MPO on the surface of RBC was determined using 114 115isolated RBCs from healthy volunteers and patients (described above). 116 After washing steps, RBCs were incubated with R-Phycoerythrin (PE)-conjugated anti-MPO antibody or isotype control (Acris, USA) for 11710 min at RT. RBCs were analyzed using flowcytometer FACSCanto 118 (BD Biosciences, USA). RBCs were defined by forward- and side-119scatter characteristics, and 10,000 individual events were collected 120within the RBC gate. Cells stained with appropriate isotype controls 121 were used to determine non-specific background signal. 122

123 2.4. Fluorescent staining of RBCs and confocal microscopy

RBC suspension was streaked on microscope slides and dried overnight. In the first set of experiments, RBC suspension was fixed in 100% ethanol for 30 min. Subsequently, samples were washed with PBS, blocked and permeabilized with 10% goat serum and 0.1% Triton X-100 in PBS for 30 min at RT. Non-permeabilized samples were 128 blocked with 10% goat serum in PBS at RT for 1 h. Samples were incu-129 bated with antibodies against MPO (rabbit, Calbiochem EMD Millipore 130 1:250; rabbit polyclonal, Thermo Scientific, USA 1:125) and hemoglobin 131 (goat, Thermo Scientific, 1:250) at 4 °C overnight, and finally labeled 132 with secondary antibodies (Alexa 488 IgG anti-rabbit, DyLight 488 133 Thermo Scientific, Alexa 594 IgG anti-goat). Images were acquired 134 with a Leica microscope (DMLB) and IVision software or a confocal 135 microscope (TCS SP5, Leica, Germany) using a 63×1.4 oil immersion 136 objective. A three-dimensional projection was reconstructed from a 137 two-dimensional z-stack series using LAS AF Lite software (Leica). 138

2.5. Immunofluorescence staining of 3-chlorotyrosine in murine tissue

Harvested organs (as described in 2.6) were embedded and frozen in 140 optimal cutting temperature compound (OCT) and cut to 4 µm sections. 141 Sections were thawed, fixed in 3.7% formaldehyde solution, incubated 142 with 0.1% Triton X-100 and blocked with 10% goat serum. Sections 143 were treated with first antibody rabbit IgG to 3-chlorotyrosine (1:100, 144 Hycult Biotech) and secondary antibody goat IgG to rabbit labeled 145 with Alexa Fluor 488 (Molecular Probes). Nuclei were counterstained 146 with DAPI. Images were acquired with a Keyence BZII Analyzer Software 147 (Keyence). 148

2.6. NO-consumption by RBC-ghosts 149

RBC-ghosts of different concentrations (0, 10, 100 arbitrary units) 150 after incubation with different MPO concentrations (0, 10, 50 µg/ml) 151 were placed into glass vials. Using an NO electrode (AmiNO 700, Innovative Instruments, USA), connected to the ISO-NO MARK II potentiostat 153 (WPI, USA) while stirring at 37 °C, NO concentration was measured as 154 previously described [6] after administration of 15 µM H₂O₂ with 155 10 µM PAPANO as a NO-donor. Values were calculated from the maximal rate of NO consumption per second and are expressed as pA/s. 157

2.7. Animal experiments

Male C57BL/6J (Jackson Laboratory) aged 10–15 weeks were treated 159 with an infusion of MPO-loaded RBCs. Briefly, murine blood was 160 harvested in EDTA 1:100. RBCs were isolated as described above, and 161 diluted in standard fashion with NaCl (Fresenius) for incubation with 162 MPO or NaCl. Two subsequent washing steps followed. Treated murine 163 RBCs were then reinfused into animals of the same gender and age 164 via the right carotid artery under anesthesia with isoflurane and 165 buprenorphine. After circulation for 30 min, animals were euthanized 166 and organs were harvested in standard fashion after perfusing the animal with 5 ml of PBS via the carotid catheter. 168

2.8. Langendorff-perfusion

Freshly isolated mouse hearts were mounted on a Langendorff- 170 perfusion system and rinsed with 500 µl of isotonic NaCl-solution at 171 37 °C. Subsequently, hearts were perfused with 2 ml of PBS-heparin 172 (50 IU/ml) at 37 °C and the rinse was collected. The resulting solution 173 was concentrated to 200 µl using speedvac-centrifugation and MPO- 174 concentration was quantified by ELISA. Unless otherwise stated, 175 all ELISA analysis was performed using a CardioMPO kit (Cleveland 176 Heart Lab) according to manufacturer's instructions. 177

2.9. Organ bath

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Aortic segments of euthanasized mice were carefully dissected, and 179 endothelium-dependent and -independent relaxation were determined 180 in response to increasing doses of acetylcholine. 181 (Arb. 10^{-9} 5 and 0^{-6} m = 10) and a invariant (ATC)

(Ach, 10^{-9} – 5×10^{-6} mol/l) and nitroglycerine (NTG) as previously 182 described [6,7].

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