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Review

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# Hydrogen sulfide: Neurochemistry and neurobiology

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#### Abstract

Current evidence suggests that hydrogen sulfide (H<sub>2</sub>S) plays an important role in brain functions, probably acting as a neuromodulator as well as an intracellular messenger. In the mammalian CNS, H<sub>2</sub>S is formed from the amino acid cysteine by the action of cystathionine  $\beta$ -synthase (CBS) with serine (Ser) as the by-product. As CBS is a calcium and calmodulin dependent enzyme, the biosynthesis of H<sub>2</sub>S should be acutely controlled by the intracellular concentration of calcium. In addition, it is also regulated by *S*-adenosylmethionine which acts as an allosteric activator of CBS. H<sub>2</sub>S, as a sulfhydryl compound, has similar reducing properties as glutathione. In neurons, H<sub>2</sub>S stimulates the production of cAMP probably by direct activation of adenylyl cyclase and thus activate cAMP-dependent processes. In astrocytes, H<sub>2</sub>S increases intracellular calcium to an extent capable of inducing and propagating a "calcium wave", which is a form of calcium signaling among these cells. Possible physiological functions of H<sub>2</sub>S include potentiating long-term potentials through activation of the NMDA receptors, regulating the redox status, maintaining the excitatory/ inhibitory balance in neurotransmission, and inhibiting oxidative damage through scavenging free radicals and reactive species. H<sub>2</sub>S is also involved in CNS pathologies such as stroke and Alzheimer's disease. In stroke, H<sub>2</sub>S appears to act as a mediator of ischemic injuries and thus inhibition of its production has been suggested to be a potential treatment approach in stroke therapy.

Keywords: Hydrogen sulfide; Cystathionine B-synthase; Neuromodulator; CNS; Stroke

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*Abbreviations:* AOAA, aminooxyacetate; ATP, adenosine triphosphate; camp, cyclic adenosine monophosphate;  $[Ca^{2+}]_i$ , intracellular calcium concentration; CBS, cystathionine- $\beta$ -synthase;  $\beta$ -CNA,  $\beta$ -cyano-L-alanine; CSE, cystathionine- $\gamma$ -lyase; Cys, L-cysteine; GABA,  $\gamma$ -aminobutyric acid; GABA<sub>B</sub>R,  $\gamma$ -aminobutyric acid B receptor subtype; Glu, L-glutamate;  $\gamma$ -GCS,  $\gamma$ -glutamylcysteine synthetase; GSH, glutathione; H<sub>2</sub>O<sub>2</sub>, hydrogen peroxide; H<sub>2</sub>S, hydrogen sulfide; HA, hydroxylamine; Hcy, homocysteine; tHcy, plasma total homocysteine; HS<sup>-</sup>, hydrosulfide anion; hyperHcy, hyperhomocysteinemia; LPS, lipopolysaccharide; LTP, long-term potentiation; MCAO, middle cerebral artery occlusion; Met, L-methionine; MTHFR, methylenetetrahydrofolate reductase; NaHS, sodium hydrosulfide; NH<sub>3</sub>, ammonia; NMDA, *N*-methyl D-aspartate; NOS, nitric oxide synthase; PLP, pyridoxal-5'-phosphate; PAG, D,L-propargylglycine; PKA, protein kinase A; SAM, *S*-adenosylmethionine; Ser, L-serine; SOX, sulfite oxidase

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#### 1. Introduction

Hydrogen sulfide (H<sub>2</sub>S) is a poisonous gas used as a chemical reagent. It is a broad-spectrum toxicant as it affects most organ systems in the body. The early symptoms of H<sub>2</sub>S exposure include sore throat, dizziness, nausea, and respiratory effects attributed to airway irritation. Acute exposure to H<sub>2</sub>S exhibits a very steep dose-response relationship with an LD<sub>50</sub> of 15 mg/kg (rats), especially for CNS and respiratory depression, which is the major cause of death in acute H<sub>2</sub>S poisoning (Warenycia et al., 1989). The primary cause of death in H<sub>2</sub>S poisoning has been attributed to respiratory paralysis (Beauchamp et al., 1984). In addition, pulmonary edema has consistently been reported as the single most notable lesion in autopsies of individuals killed by H<sub>2</sub>S poisoning (Burnett et al., 1977). At present, although the mechanism of action for these toxic effects is not clear, it is widely believed that H<sub>2</sub>S targets mitochondria at low micromolar concentrations via reversible inhibition of cytochrome c oxidase (Reiffenstein et al., 1992).

It had long been assumed that H<sub>2</sub>S exists in animal tissues at very low concentrations because of its toxicity, although it could be produced endogenously. However, more recent studies have shown that H<sub>2</sub>S is present in mammalian tissues at levels far higher than first expected, up to 50-160 µmol/L (Goodwin et al., 1989; Warenycia et al., 1989) as measured in rat, human and bovine brain tissues. Abe and Kimura (1996) have shown that sodium hydrosulfide (NaHS, an H<sub>2</sub>S donor) at concentrations (10-130 µM) similar to the physiological concentrations of  $H_2S$  selectively enhances *N*-methyl D-aspartate (NMDA) receptor-mediated responses and facilitates the induction of hippocampal long-term potentiation (LTP). This review presents an overview of the current evidence that H<sub>2</sub>S plays an important role in brain functions, probably acting as a neuromodulator and/or as an intracellular messenger (Moore et al., 2003).

## 2. Physical properties of H<sub>2</sub>S

 $H_2S$  is the sulfur analog of water with a molecular weight of 34.08. But unlike water, it has weak intermolecular forces and thus exists in the gaseous form at room temperature and pressure.  $H_2S$  is a colorless gas characterized by its offensive odor described as the smell of rotten eggs. It can be oxidized by a variety of agents to form sulfur dioxide and sulfuric acid. In the mammalian body, at a physiological pH of 7.4, approximately one-third of  $H_2S$  exists as the un-dissociated form and two-thirds as the hydrosulfide anion (HS<sup>-</sup>) (Reiffenstein et al., 1992). It can easily penetrate the plasma

membranes of cells in the undissociated form because of its lipid solubility.

# 3. Biochemical pathways related to the production of $\ensuremath{H_2S}$

In mammalian tissues, two pyridoxal-5'-phosphate (PLP)dependent enzymes - cystathionine-\beta-synthase (CBS, EC 4.2.1.22) and cystathionine- $\gamma$ -lyase ( $\gamma$ -cystathionase CSE, EC 4.4.1.1) – are responsible for most of the biosynthesis of H<sub>2</sub>S from L-cysteine (Cys). As shown in Fig. 1, H<sub>2</sub>S is released from the desulfuration of Cys (Stipanuk and Beck, 1982). Firstly, Cys may be hydrolyzed by CBS to produce H<sub>2</sub>S with L-serine (Ser) as the by-product or hydrolyzed by CSE to produce H<sub>2</sub>S, pyruvate and ammonia (NH<sub>3</sub>). Secondly, cystine (which is essentially two Cys molecules linked by a disulfide bridge) may be converted to form thiocysteine, pyruvate and NH<sub>3</sub> by CSE. Thiocysteine is then acted on by CSE to form Cys and H<sub>2</sub>S, or with another thiol compounds (RSH, e.g. glutathione (GSH) or Cys) as a second substrate to form H<sub>2</sub>S and CysSR. It is possible that the conversion of thiocysteine to Cys and H<sub>2</sub>S may also occur non-enzymatically (Cavallini et al., 1962). These two key enzymes are also involved in the transsulfuration pathway of homocysteine (Hcy) metabolism with CBS catalyzing the condensation of Hcy and Ser to form cystathionine in an irreversible reaction. Cystathionine is then hydrolyzed by CSE to form Cys with  $\alpha$ -ketobutyrate and NH<sub>3</sub> as by products (Fig. 1).

Besides the above, there are several additional pathways that have been described. Firstly, Cys may react with a ketoacid



Fig. 1. Endogenous biosynthetic pathways of  $H_2S$  involving cystathionine  $\beta$ -synthase (CBS) and cystathionine  $\gamma$ -lyase (CSE). RSH represents any thiol compound.

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