Accepted Manuscript

Comparison of clinical signs, endometrial culture, endometrial cytology, uterine low volume lavage, and uterine biopsy, and combinations in the diagnosis of Equine Endometritis

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PII: S0737-0806(15)00627-9

DOI: 10.1016/j.jevs.2015.10.012

Reference: YJEVS 1974

To appear in: Journal of Equine Veterinary Science

- Received Date: 24 August 2015
- Revised Date: 23 October 2015
- Accepted Date: 28 October 2015

Please cite this article as: Diel de Amorim M, Gartley CJ, Foster RA, Hill A, Scholtz EL, Hayes A, Chenier TS, Comparison of clinical signs, endometrial culture, endometrial cytology, uterine low volume lavage, and uterine biopsy, and combinations in the diagnosis of Equine Endometritis, *Journal of Equine Veterinary Science* (2015), doi: 10.1016/j.jevs.2015.10.012.

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Comparison of clinical signs, endometrial culture, endometrial cytology, uterine low volume lavage, and uterine biopsy, and combinations in the diagnosis of Equine Endometritis

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Part of a Doctor of Veterinary Science thesis, University of Guelph, Guelph, ON, Canada, January 2014.

Submitted in abstract form to the 41st International Embryo Transfer Society (IETS), Versailles, France, January 2015.

Abstract

- 1 Endometritis is the most common cause of infertility in mares, however many mares fail to be
- 2 diagnosed despite availability of many diagnostic tests. Our objective was to compare
- 3 different diagnostic methods, and establish a cut off value for the number of
- 4 polymorphonuclear cells (PMNs) in cytology samples. Fifty-four mares were classified
- 5 positive for endometritis based on endometrial biopsy ('Gold Standard') and in a later
- 6 analysis, the mare was reclassified as positive for endometritis if two or more of the following
- 5 criteria on a checklist were present ('New Gold Standard'; NGS): (1) abnormal clinical
- 8 findings; (2) abnormal gross character of low volume lavage (LVL) fluid; (3) positive
- 9 endometrial cytology; (4) bacterial growth on culture of the LVL pellet; and (5) histological
- 10 evidence of inflammation on endometrial biopsy. Kappa coefficient (k) and percentages were
- calculated for sensitivity and positive predictive value (PPV) using SAS® 9.3 software.
 Endometritis was diagnosed in 35/44 (79.5%) mares by biopsy. Based on the endometritis
- 12 Endometritis was diagnosed in 35/44 (79.5%) mares by biopsy. Based on the endometriti 13 checklist, 33/51 (64.7%) mares were positive for endometritis. The character of LVL was
- 45% sensitive, while culture was 22% sensitive, when compared to endometrial biopsy. 1%
- 15 neutrophil to epithelial cell ratio was the most sensitive cut off value (93.3%) when using a
- 16 guarded swab (k=0.64). Endometrial biopsy was the most sensitive diagnostic method when
- 17 compared against the NGS (sensitivity=86%). Abnormal clinical findings and positive
- 18 cytology showed moderate agreement with the NGS (k=0.41 and k=0.38, respectively). These
- 19 studies demonstrate the importance of combining clinical findings and laboratory data when
- 20 evaluating mares for endometritis.

Highlights

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