## Acupuncture for Small Animal Neurological Disorders

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#### **KEYWORDS**

- Traditional Chinese veterinary medicine (TCVM) Acupuncture
- Electroacupuncture (EA) Herbal Dog Intervertebral disk disease (IVDD)
- Cervical spondylomyelopathy (CSM) Pain

#### **KEY POINTS**

- Research in neuroscience is progressively unveiling the different mechanisms of action of traditional Chinese veterinary medicine (TCVM) and allowing the modern clinician to understand it as a several millennia-old metaphor.
- Scientific literature demonstrates the efficacy of TCVM for many small animal neurologic disorders, including intervertebral disk disease (IVDD), other myelopathies, and painful conditions.
- TCVM, including acupuncture and herbals, is overall innocuous and easy to implement clinically.
- TCVM can be used as an adjunct or occasionally as an alternative to conventional treatment, and can improve functional outcome and pain management.



Video content accompanies this article at http://www.vetsmall.theclinics.com.

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#### INTRODUCTION

Traditional Chinese medicine (TCM), such as acupuncture and administration of Chinese herbal formulas, has been used for thousands of years to effectively treat many conditions, including pain and neurologic issues. 1,2 The first known text about TCM, *Huangdi Neijing* (Yellow Emperor's Classic of Internal Medicine) is estimated from approximately the period 475 BC to 225 BC. Traditional Chinese veterinary medicine (TCVM) started in Chinese agricultural culture and is often associated with an equine practitioner known as Bo Le. 4-6 Bo Le's techniques were recorded in what many consider to be the first TCVM text, *Bo Le Zhen Jing* (*Bo Le*'s Canon of Veterinary Acupuncture). Western interest in TCM/TCVM started in the 1970s, and in the past 40 years has mushroomed in popularity, both clinically and in research (Fig. 1). Although TCVM has long been overlooked by some practitioners, modern neuroscience has shed some light on the mechanism of action of acupuncture. 9-10 Despite the perception that TCVM presents the clinician with an entirely different way of approaching a patient, parallels with "Western" medicine are numerous, especially for those familiar with neurophysiology and neurologic disorders.

Due to the paucity of clinical studies in veterinary acupuncture, much of the data available are human or laboratory based, and indicate evidence for its effectiveness. This is further supported by a few veterinary clinical trials and case reports. This review is meant to help guide the use of TCVM for neurologic disorders in small animals, based on available information and recommendations from experienced TCVM practitioners.

#### TRADITIONAL CHINESE VETERINARY MEDICINE TREATMENT MODALITIES

Acupuncture is defined as the stimulation of specific point(s) on the surface of the body by insertion of a needle, resulting in a therapeutic or homeostatic effect. From a TCVM standpoint, the aim is to allow *Qi* (energy) to flow harmoniously, which for a Western practitioner can be seen as a stimulation of the nervous system. TCVM defines 2 important concepts that are opposites, *Yin* and *Yang*, whose functioning

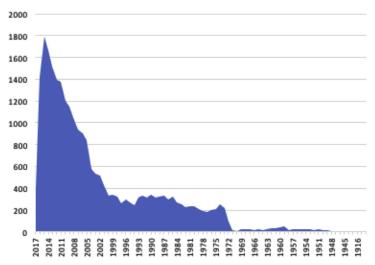


Fig. 1. PubMed search results for the word "acupuncture" by year. (*Data from* www.ncbi. nlm.nih.gov/pubmed. Accessed April 20, 2017.)

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